# North Idaho College

The annual report was prepared in compliance with the Head Start Act, Section 622(a)(2). The report can be viewed online at *nic.edu/headstart*.

## What is Head Start?

North Idaho College Head Start is a federally-funded program that provides services in five northern counties of Idaho. The program promotes the school-readiness of children ages 3 to 5 – for the two crucial years before they are age-eligible for kindergarten. We prioritize limited income families, homeless families, foster children, families that receive public assistance (including SNAP benefits) and children with disabilities. NIC Head Start provides free comprehensive education, health and nutrition services to children and families that can benefit the most from our program services. Our young students receive intensive child development services. Parents receive education and support for family well-being as well as tools to support their children's success in school.

## Mission

North Idaho College Head Start is a school-readiness program that provides education and support for young children and their families.

## **Five-Year Program Goals**

Our five year goals were established through our yearly self-assesment and improvement plan and our community assessment.

#### 2020-2025 Goals



Recruit and retain families that can benefit the most from program services, staff that exemplify program quality standards, and volunteers that are prepared to assist the program in meeting high-quality child and family services.



Institute trauma-informed practices across all program services including children and families, staff, and the communities we serve.



## **Comprehensive Services**

#### **Academic Success**

Our children make notable gains across all learning domains, with individualized instructions from well-qualified teachers. When children begin school armed with academic skills and knowledge, they are more likely to graduate high school and attend college, be employed with a livable income, engage in healthy behaviors, and contribute to their community.

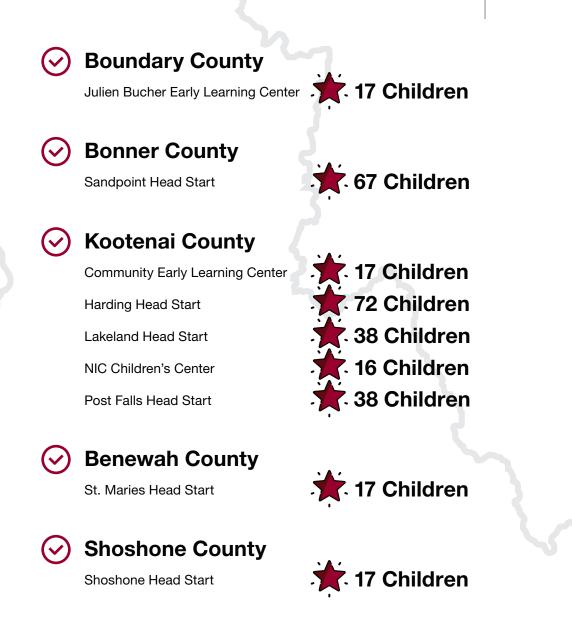
#### **Children's Health and Well-Being**

Children must be healthy to learn. Families with a lack of resources such as nutritious healthy food, limited opportunities for outside physical activity, or access to health care may need intervention. We directly address these issues with a robust nutrition plan, outdoor play areas filled with opportunities to explore and grow, and health screenings and services provided by our staff and community partners.

#### **Parent Engagement**

We work to support family well-being and promote children's development. Our parents focus on learning skills to support their children. NIC Head Start directly supports the economic needs of low-income families because child care costs create a significant barrier to employment, education and job training. Because our services are provided to families at no cost, our families can direct their limited budgets to other life necessities.

## Head Start Centers in North Idaho





## **Eligibility and Enrollment**

Total Funded Enrollment: 299

Actual Cumulative Enrollment: 226

Eligible Families Served: 219

**22**<sup>%</sup> of children enrolled were homeless

28<sup>%</sup> of children enrolled that experienced homelessness during the program year

4<sup>%</sup> of children enrolled were foster

**84**<sup>%</sup> of average daily attendance

#### Eligibility, Services and Unmet Needs for 2022-2023

County	Children Under 5 Years Living in Poverty*	Federally Funded Enrollment Slots	TANF Funded Enrollment Slots	Actual Federally Funded Enrollment	Actual TANF Funded Enrollment	Total Actual Enrollment
Boundary	240	17	0	18	0	18
Bonner	373	48	19	29	22	51
Kootenai	1461	181	0	119	0	119
Benewah	96	17	0	19	0	19
Shoshone	223	17	0	19	0	19
Total	2393	280	19	204	22	226

(TANF) Temporary Assistance for Needy Families. \*data.census.gov. (9/25/23)

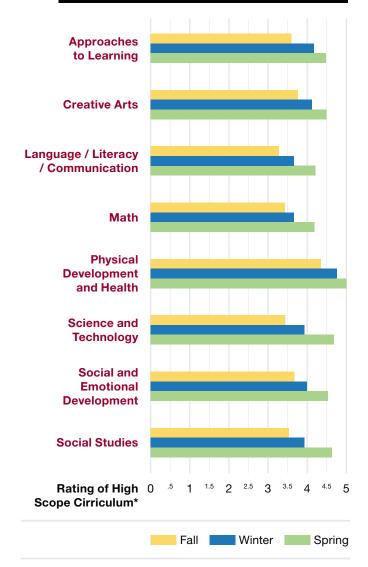
## Education

Preparing children for academic and social success in kindergarten and beyond is central to Head Start services. Every employee of Head Start plays a role in preparing children and families for success in school. The program uses High Scope Cirriculum to implement developmentally appropriate activities to children in the classroom. Each child's progress and school readiness outcomes are assessed three times per year. Outcomes are used to coach education staff to enhance school readiness in the classroom and plan for program training opportunities. The percentage of children meeting or exceeding school readiness and developmental goals is documented to the right.

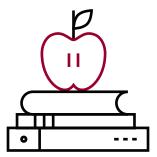
#### **Teacher Qualifications**

In 2022-2023, 100% of lead teachers working for NIC Head Start met at least the minimum credential requirements of a bachelor's degree in Early Childhood Education and all assistant teachers either met or are working towards CDAs, an advanced certificate in child development or an associate's degree in early childhood education. 2022-2023 North Idaho College Head Start School Readiness Goals within the High Scope Curriculum. Group statistics reflects the average scores of the 126 four-year olds who transitioned to kindergarten in Fall 2023. The High Scope Curriculum focuses on children's naturally occurring activities to measure performance, allowing for a broader assessment of each child's development.

#### School Readiness Goals 2022-2023







## Special Services

NIC Head Start prioritizes services to children with suspected disabilities. We are working diligently to make sure children receive any special services they may need to remove barriers to learning.

## Percentage of children with disabilities enrolled in program year 2022-2023\*: 20%

 $\ensuremath{^{\mbox{required}}}$  to make available at least 10% of slots for children with disabilities



## **Family Services**

Family Advocates developed partnership agreements and initiated goals with parents. This was an invaluable process not only for the families, but for program outcomes as well. Building relationships with families is necessary to support family well-being and to help families in meeting goals for themselves and their children.

193	Emergency/Crisis Intervention			Involvement in Child's Assessments & Progress	215
70	Housing Assistance	Number of Head		Supporting Transitions	190
<b>62</b>	Asset Building	Start Families		Education on Preventative Medical & Oral Health	217
208	Mental Health	Provided with		Education on Tobacco Product Use	98
24	Substance Misuse Prevention	Services or Referrals in		Education on Nutrition	214
16	Substance Misuse Treatment	2022-2023		Education on Postpartum	14
0	English as a Second Language			Education on Relationships/Marriage	101
74	Adult Education or Job Training			Assistance to Families of Incarcerated Individuals	18
214	Research-based Parenting Curriculum		_		

#### Family Engagement Activities

#### for the 2022-2023 school-year.

- Program orientation
- Parent business meetings
- Parent education events
- Policy Council meetings
- Community resource fairs
- Curriculum planning
- Classroom activities
- Field trips
- Home visits
- Parenting curriculum
- Father involvement activities
- Nutrition education workshops
- Take-home activities to connect with classroom learning
- Books provided to families to increase literacy

#### **Policy Council**

Parents in our program have the opportunity to be involved in the decision-making process by participating on the Policy Council which is comprised of parents of currently enrolled children, community members, and past parents.

Parents are elected by their fellow parents at the center level and participate in monthly meetings with program management staff.

The Policy Council allows parents and community members to be actively involved in the strategic planning and evaluation of the program by offering their feedback and suggestions. They are also integral in the hiring process, serving on interview committees and giving approval of potential hires.

The Policy Council also has several sub-committees that work in conjunction with management staff to review program information in detail.

## Health Services

The program provides comprehensive health services such as preventative vision and hearing screenings, height and weight monitoring and fluoride varnish. We work closely with families to connect them with medical and dental services in the community.

children who are up-to-date on a schedule of age-appropriate preventative and primary health care

> children who are up-to-date on a schedule of age-appropriate preventative and primary dental care

children with continuous, accessible health care

children with continuous, accessible dental care provided by a dentist

## **Nutrition Services**

North Idaho College Head Start participates in USDA's Child and Adult Care Food Program (CACFP). Each center has a full kitchen in which nutritional and delicious meals are prepared each day. Meals are served family-style where children are encouraged to serve themselves. Serving themselves gives children time to practice skills like passing, pouring, and scooping foods. Meals Served to Head Start Children in 2022-2023

**13,566** Breakfast meals

**16,158** Lunch meals

**7,402** Snacks

## **Budget Programs**

#### 2022-2023

#### **Income and Expenses**

Total Income	\$3,777,218.18
Federal Grant	\$3,436,287
USDA Reimbursement	\$132,221.16
TANF Funding	\$197,144
Harding Family Center Rentals	\$10,973.75
Other*	\$592.27

Total Expenses	\$3,777,218.18
Personnel	\$1,959,178.98
Fringe	\$764,082.13
Travel	\$44,653.07
Equipment	\$31,367.99
Supplies	\$435,001.42
Contractual	\$103,783.02
Other**	\$439,151.57

#### 2023-2024 Projected Budget

Total Income	\$4,111,096
Federal Grant	\$3,706,103
USDA Reimbursement	\$175,381
TANF Funding	\$215,612
Harding Family Center Rentals	\$14,000

Total Expenses	\$4,111,096
Personnel	\$2,482,594
Fringe	\$801,579
Travel	\$19,650
Equipment	-
Supplies	\$294,941
Contractual	\$72,086
Other**	\$440,247

The Temporary and Needy Families (TANF) grant allows NIC Head Start to serve 19 children through state funding provided by the Idaho Department of Health and Welfare.

The annual audit was conducted by Eide Bailly in accordance with "Government Auditing Standards" issued by the Comptroller General of the United States, resulting in an "unqualified opinion."

The audit report is available at *nic.edu/about/budget* 

#### Non-Federal Match Amount:

#### \$574,260.25

(representing 111% of the required amount)

Head Start families and community volunteers generated a non-federal match (in-kind) to federal grant dollars through volunteer time and donations.

Non-Federal Share Amounts:
Required: <b>\$859,074</b>
Waiver: <b>\$344,000</b>
Adjusted: <b>\$515,074</b>

\*\*Other category includes child services (medical, dental, nutrition, and mental health/psychological, disability); fiscal audit; insurance; utilities; building leases; parent education; communications; maintenance and repair; Policy Council expenses; staff mileage; memberships; subscriptions; advertising and printing.

## USDA Civil Rights **Regulations and** Polices

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at usda.gov/oascr/how-to-file-a-program-discrimination-complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

**U.S. Department of Agriculture** Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410



(202) 690-7442

program.intake@usda.gov

USDA is an equal opportunity provider, employer, and lender.

## North Idaho College

## North Idaho Locations

- Community Early Learning Center 1470 W. Hanley Ave. Coeur d'Alene, ID 83815 (208) 666-5493
- Harding Head Start 411 N. 15th St. Coeur d'Alene, ID 83814 (208) 666-6762
- Julien Bucher Early Learning Center 6653 Chippewa St. Bonners Ferry, ID 83805 (208) 267-5756

North Idaho College Head Start – Central Office 411 N. 15th St. Coeur d'Alene, ID 83814 (208) 666-6755

Lakeland Head Start 14797 N. Kimo Ct. Rathdrum, ID 83858 (208) 687-1682

NIC Children's Center 489 N. College Dr. Coeur d'Alene, ID 83814 (208) 769-3471

Post Falls Head Start
106 W. 9th Ave.
Post Falls, ID 83854
(208) 773-6164

Sandpoint Head Start 101 S. Euclid Sandpoint, ID 83864 (208) 263-6232

Shoshone Head Start 123 W. Mission Ave. Kellogg, ID 83837 (208) 784-5581

St. Maries Head Start 1230 Main St. St. Maries, ID 83861 (208) 245-6519