

Counseling Services Disability Support Services Health Education



AMY TAYLOR, DIRECTOR
REPORTS TO DEAN OF STUDENTS
UNDER THE PROVOST

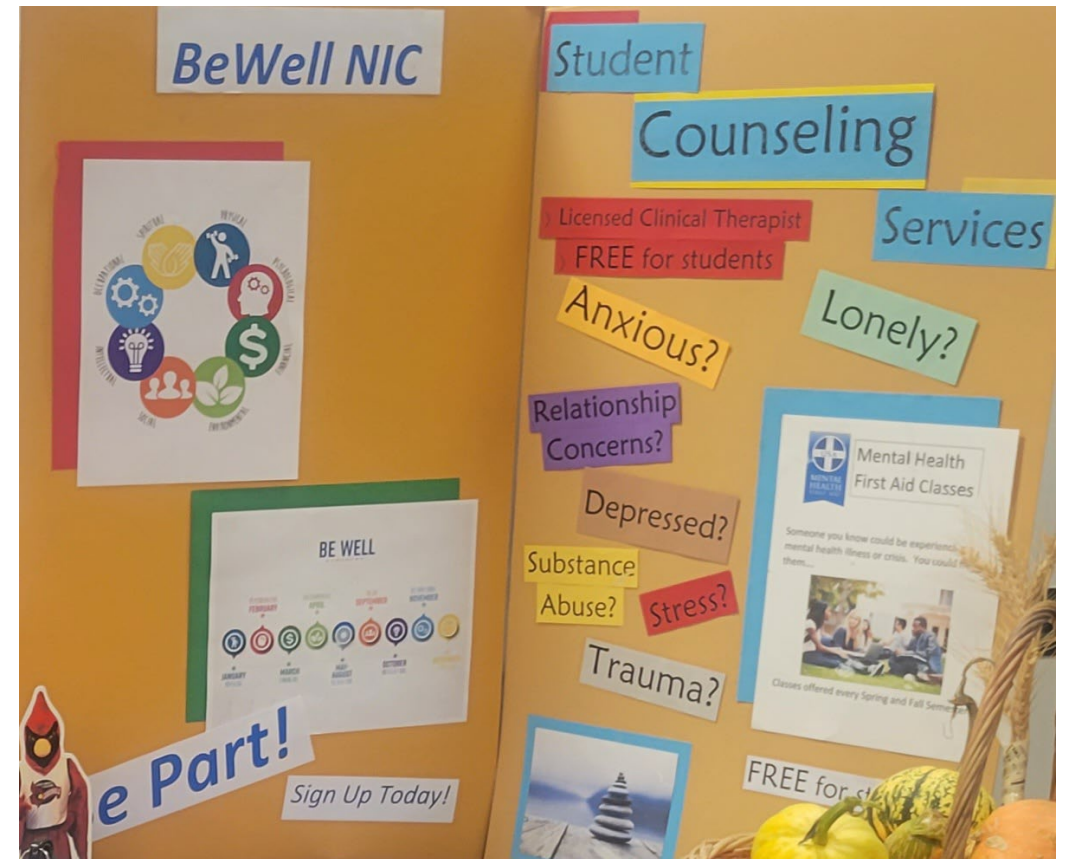
Counseling Services

Individual solution-focused, brief therapy provided by a licensed clinical therapist, funded by student fees.

91 unique students utilized counseling services in FY23

Reasons Students Seek Counseling in order of Prevalence:

- Relationship/Family Challenges
- Adjustment/Coping
- Anxiety, Depression, Stress
- Managing Grief, Anger and other Emotions
- Career and Life Choices
- Financial, Housing, Food Challenges
- Eating Disorders, Body Image, Sleep Disturbance
- Sexuality, Sexual Assault
- Alcohol and Drug Abuse/Addiction
- Suicidal Thoughts/Behaviors



Disability Support Services

In compliance with the **Americans with Disabilities Act (ADA)**, Disability Support Services (DSS) provides academic accommodations, promotes removal of access barriers, and provides other services for students with disabilities to have equitable access to educational and college experiences. DSS modifies or eliminates learning barriers through the provision of accommodation services.

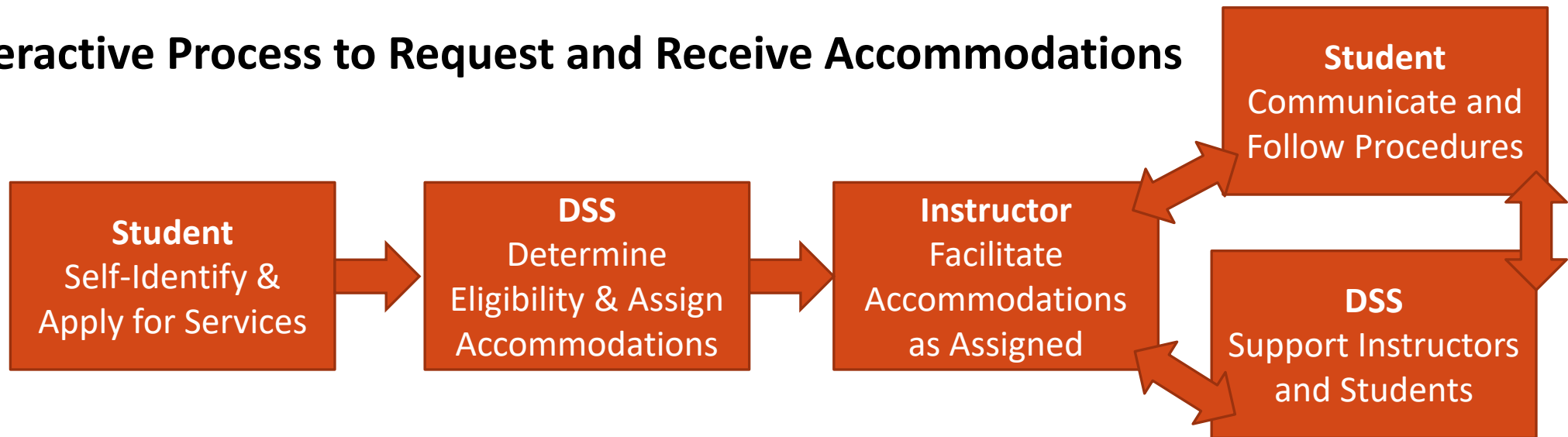
Accommodation services provided include, but are not limited to:

- Assistive Technology
- Testing Accommodations
- Alternative Format Materials
- D/deaf and Hard of Hearing Services
- Physical Space
- Campus & Community Referral Services

Disability Support Services

- DSS served 442 students in FY 23, 7% NIC's enrollment
- DSS provides accommodations to all NIC students (Dual, WTC, Parker Tech, Sandpoint, Main Campus) as well as to NIHE school students on the CDA campus
- Difference between HS & College

Interactive Process to Request and Receive Accommodations



Health Education

Provide free Health Education on a variety of topics through workshops, wellness fairs, poster campaigns, and guest speakers

Member of the Idaho College Health Coalition (IHC)

Health Promotion Topics:

- Tobacco and Vape Awareness
- Alcohol & Substance use Prevention
- Sleep Hygiene
- Nutrition
- Mental Health

