

Counseling Services Disability Support Services Health Education



ALEX HARRIS
DEAN OF STUDENTS
REPORTS TO THE PROVOST

Counseling Services

Purpose:

- Individual solution-focused, brief therapy provided by a licensed mental health clinician(s)
- Group skill-based counseling: DBT, Anxiety Toolkit

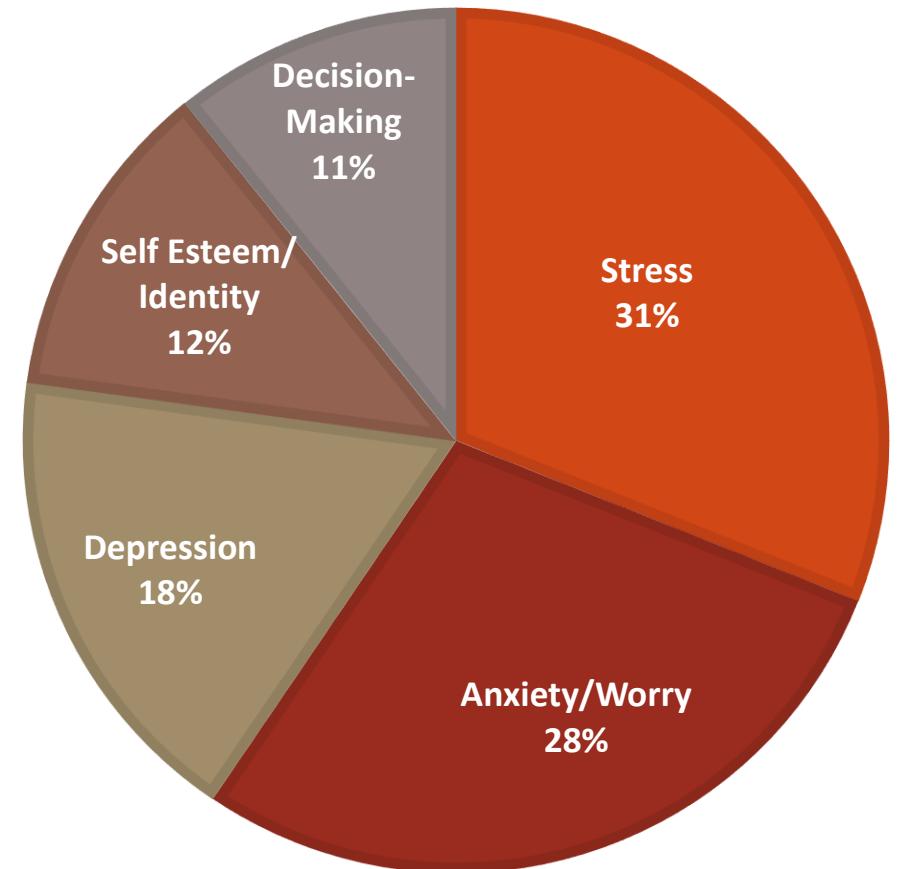
Students Served:

- 119 students in FY25, 19% increase
- Total of 505 sessions
- Funded by student fees. Only fee-paying students are eligible for services.

NIC Community Support:

- Mental Health First Aid
- Critical Incident Support Team
- Wellness Events

STUDENTS' TOP 5 PRESENTING CONCERNS



Disability Support Services

In compliance with the **Americans with Disabilities Act** (ADA), Disability Support Services (DSS) provides academic accommodations, promotes removal of access barriers, and provides other services for students with disabilities to have equitable access to educational and college experiences. DSS modifies or eliminates learning barriers through the provision of accommodation services.

Accommodation services can include:

- Classroom accommodations
- Testing Accommodations
- Alternative Format Materials
- Assistive Technology
- D/deaf and Hard of Hearing Services
- Physical Space Modifications
- Campus & Community Advocacy & Referral

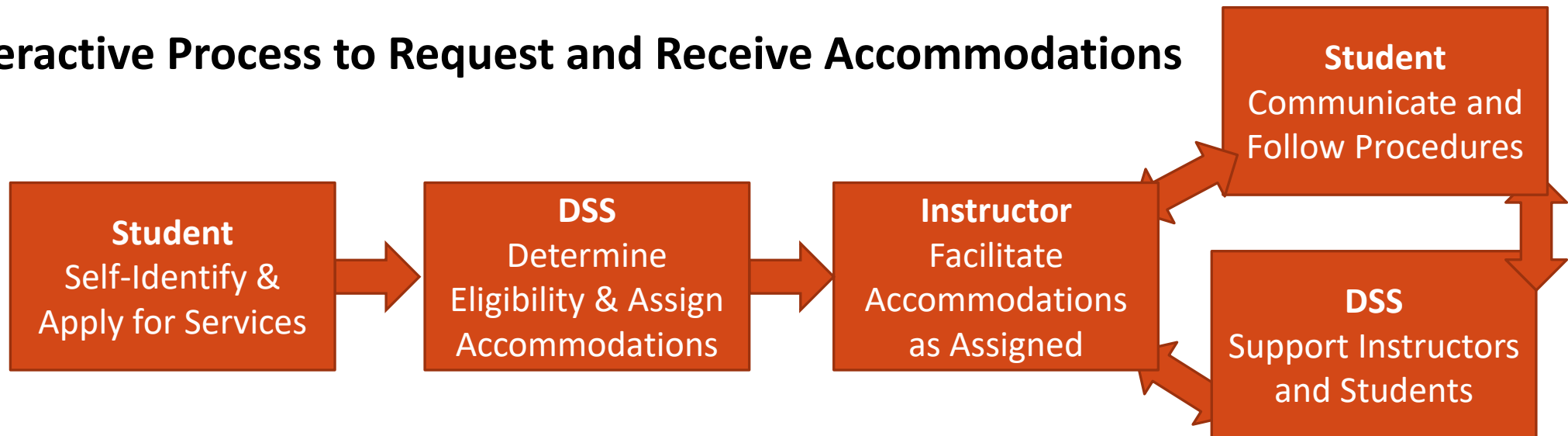


**NOT ALL
DISABILITIES
ARE VISIBLE**
#THINKOUTSIDETHECHAIR

Disability Support Services Process

- DSS served 339 students in FY 25, 8% NIC's enrollment
- Accommodates all NIC students (Dual credit, WTC, Parker Tech, Sandpoint, main campus) as well as to NIHE school students
- Difference between HS (IDEA Act) & College (ADA & 504)

Interactive Process to Request and Receive Accommodations



Health Education

Purpose:

- Provide health education promotion to students in compliance with state and federal requirements
- Contribute to overall campus wellbeing

How:

- Member of the Idaho College Health Coalition (IHC)
- Grants, state-wide assessments & campaigns
- Campus wellness events
 - 20 events, 250 students attended
- Let's Talk- Wellness Series:
 - Tobacco and Vape Awareness
 - Alcohol & Substance use Prevention
 - Sleep Hygiene
 - Nutrition
 - Mental Health & Suicide Prevention

